Case Study Assignment – Nurs 2830

1. This assignment is to be completed in groups of 2 or 3 people. No other combination will be accepted unless you have received prior approval.
2. **At the end of each answer (**not throughout or in between parts of the answer) please provide the reference used to complete the answer. I will not be marking for APA but if I wish to check your reference I should be able to easily locate it because it was referenced correctly.
3. **Single space, use 12 font, and either Times Roman or New Times Roman style. Maximum 2 pages**
4. Plagiarism of another’s work (e.g. a classmate or quoting verbatim from an academic source without an adequate reference) will be penalized heavily with the assignment given a zero.
5. Please email the assignment to me by 0830 on March 25, 2016.
6. This assignment is worth 23 marks.

You are the nurse on 7N assigned to care for Mr. Pete Daley. Pete's wife Shirley called an ambulance yesterday afternoon after being unable to get Pete from the bedroom to the bathroom due to profound shortness of breath and dizziness. He has been admitted with pneumonia and started on a course of IV antibiotic therapy.

HISTORY and ASSESSMENT

Pete Daley is a 72 year old man who lives in a 2 bedroom townhouse in Kamloops with his wife Shirley and their cat Buttons. Mr. Daley has a history of type II diabetes mellitus, hypertension, obesity, osteoarthritis, and chronic renal failure. Pete takes six different medications daily, and three months ago started on hemodialysis. Pete and Shirley have three adult sons and seven grandchildren scattered across the province and in Alberta. Shirley chokes up when reporting that they have been unable to see their grandchildren since Pete started on hemodialysis due to the frequency of his treatments.

Pete is cognitively well and normally performs all of his ADLs. Shirley does the majority of the cooking and manages the family's finances, however does not drive and has been reliant on a neighbor to take her to the grocery store and bank when Pete is unable. Stating that Pete is a "meat and potatoes kind of guy," Shirley admits to forgoing the renal diet when Pete declined her cooking. Shirley reports that since starting hemodialysis Pete has become withdrawn and disinterested in life, and tears up recalling a recent incident when Pete stated "it's just not worth it anymore." When you probe Pete further, he shrugs and answers you with one word answers.

Working with your group, design a plan of care for Mr. Daley and his family focusing on his ***chronic renal failure and*** ***psychosocial wellbeing***. This plan of care should include:

* Assessment: (5 marks)
  + What additional information do you need? What questions will you ask?
  + How will you go about obtaining this information?
* Diagnosis: (5 marks)
  + What ***single*** nursing diagnosis will your plan of care centre on?
  + A NANDA approved diagnosis must be used
* Planning: (5 marks)
  + What will your plan of care entail?
  + How will you go about devising this plan of care?
  + Who will you include in this process?
* Implementation: (5 marks)
  + Describe ***three*** nursing interventions that you will utilize in caring for Mr. Daley
  + What is your rationale for choosing these interventions?
* Evaluation: (3 marks)
  + How will you evaluate your plan of care?
  + How will you know if you have been successful?