In the latest edition of NANDA nursing diagnosis list (2018-2020), NANDA International has made some changes to its approved nursing diagnoses compared to the previous edition of NANDA nursing diagnoses 2015-2017 (10th edition). In this latest edition (11th edition), NANDA-I introduced seventeen new nursing diagnoses, and removed eight nursing diagnoses. Likewise, seventy-two nursing diagnoses have been revised.

Read Also: NANDA nursing diagnoses 2015-2017
Read Also: Nursing diagnoses Accepted for used and research 2012-2014

Please note that NANDA-I doesn't advise on using NANDA Nursing Diagnosis labels without taking the nursing diagnosis in holistic approach. NANDA-I explained this in their website as follow:

There is no real use for simply providing a list of terms – to do so defeats the purpose of a standardized language. Unless the definition, defining characteristics, related and / or risk factors are known, the label itself is meaningless. Therefore, we do not believe it is in the interest of patient safety to produce simple lists of terms that could be misunderstood or used inappropriately in a clinical context.

**Definition of a Nursing Diagnosis**

A nursing diagnosis is defined by NANDA International (2013) as a clinical judgment concerning a human response to health conditions/life processes, or vulnerability for that response, by an individual, family, group, or community.

**New NANDA Nursing Diagnoses**

In this edition of NANDA nursing diagnosis list (2018-2020), seventeen new nursing diagnoses were approved and introduced. These new approved nursing diagnoses are:

- Readiness for enhanced health literacy
- Ineffective adolescent eating dynamics
- Ineffective child eating dynamics
- Ineffective infant eating dynamics
- Risk for metabolic imbalance syndrome
- Imbalanced energy field
- Risk for unstable blood pressure
- Risk for complicated immigration transition
- Neonatal abstinence syndrome
- Acute substance withdrawal syndrome
- Risk for acute substance withdrawal syndrome
- Risk for surgical site infection
- Risk for dry mouth
- Risk for venous thromboembolism
- Risk for female genital mutilation
- Risk for occupational injury
- Risk for ineffective thermoregulation

**Retired NANDA Nursing Diagnoses**

In this latest edition of NANDA nursing diagnosis list (2018-2020), eight nursing diagnoses were removed from compared to the old nursing diagnosis list (2015-2017). These nursing diagnoses are:

- Risk for disproportionate growth
- Noncompliance (Nursing Care Plan)
- Readiness for enhanced fluid balance
- Readiness for enhanced urinary elimination
- Risk for impaired cardiovascular function
- Risk for ineffective gastrointestinal perfusion
- Risk for ineffective renal perfusion
- Risk for imbalanced body temperature

**Approved NANDA Nursing Diagnosis List 2018-2020**
NANDA Nursing Diagnosis Domain 1. Health promotion

Class 1. Health awareness

Decreased diversional activity engagement (Nursing Care Plan)
Readiness for enhanced health literacy
Sedentary lifestyle (Nursing care Plan)

Class 2. Health management

Frail elderly syndrome (Nursing care Plan)
Risk for frail elderly syndrome
Deficient community health
Risk-prone health behaviour
Ineffective health maintenance (Nursing care Plan)
Ineffective health management
Readiness for enhanced health management
Ineffective family health management
Ineffective protection

NANDA Nursing Diagnosis Domain 2. Nutrition

Class 1. Ingestion

Imbalanced nutrition: less than body requirements (Nursing care Plan)
Readiness for enhanced nutrition
Insufficient breast milk production
Ineffective breastfeeding (Nursing care Plan)
Interrupted breastfeeding (Nursing care Plan)
Readiness for enhanced breastfeeding
Ineffective adolescent eating dynamics
Ineffective child eating dynamics
Ineffective infant feeding dynamics
Ineffective infant feeding pattern (Nursing care Plan)
Obesity
Overweight
Risk for overweight
Impaired swallowing (Nursing care Plan)

Class 2. Digestion

This class does not currently contain any diagnoses

Class 3. Absorption

This class does not currently contain any diagnoses

Class 4. Metabolism

Risk for unstable blood glucose level (Nursing care Plan)
Neonatal hyperbilirubinemia
Risk for neonatal hyperbilirubinemia
Risk for impaired liver function
Risk for metabolic imbalance syndrome

Class 5. Hydration

Risk for electrolyte imbalance
Risk for imbalanced fluid volume
Deficient fluid volume (Nursing care Plan)
Risk for deficient fluid volume
Excess fluid volume (Nursing care Plan)

NANDA Nursing Diagnosis Domain 3. Elimination and exchange

Class 1. Urinary function

Impaired urinary elimination
Functional urinary incontinence
Overflow urinary incontinence
Reflex urinary incontinence
Stress urinary incontinence
Urge urinary incontinence
Risk for urge urinary incontinence
Urinary retention

**Class 2. Gastrointestinal function**

Constipation (Nursing care Plan)
Risk for constipation
Perceived constipation
Chronic functional constipation
Risk for chronic functional constipation
Diarrhoea
Dysfunctional gastrointestinal motility
Risk for dysfunctional gastrointestinal motility
Bowel incontinence

**Class 3. Integumentary function**

This class does not currently contain any diagnoses

**Class 4. Respiratory function**

Impaired gas exchange

**NANDA Nursing Diagnosis Domain 4. Activity/rest**

**Class 1. Sleep/rest**

Insomnia
Sleep deprivation
Readiness for enhanced sleep
Disturbed sleep pattern

**Class 2. Activity/exercise**

Risk for disuse syndrome
Impaired bed mobility
Impaired physical mobility
Impaired wheelchair mobility
Impaired sitting
Impaired standing
Impaired transfer ability
Impaired walking

**Class 3. Energy balance**

Imbalanced energy field
Fatigue
Wandering

**Class 4. Cardiovascular/pulmonary responses**

Activity intolerance
Risk for activity intolerance
Ineffective breathing pattern
Decreased cardiac output
Risk for decreased cardiac output
Impaired spontaneous ventilation
Risk for unstable blood pressure
Risk for decreased cardiac tissue perfusion
Risk for ineffective cerebral tissue perfusion
Ineffective peripheral tissue perfusion
Risk for ineffective peripheral tissue perfusion
Dysfunctional ventilatory weaning response

**Class 5. Self-care**

Impaired home maintenance
Bathing self-care deficit
Dressing self-care deficit
Feeding self-care deficit
Toileting self-care deficit
Readiness for enhanced self-care
Self-neglect
NANDA Nursing Diagnosis Domain 5. Perception/cognition

Class 1. Attention
Unilateral neglect

Class 2. Orientation
This class does not currently contain any diagnoses

Class 3. Sensation/perception
This class does not currently contain any diagnoses

Class 4. Cognition
Acute confusion
Risk for acute confusion
Chronic confusion
Labile emotional control
Ineffective impulse control
Deficient knowledge
Readiness for enhanced knowledge
Impaired memory

Class 5. Communication
Readiness for enhanced communication
Impaired verbal communication

NANDA Nursing Diagnosis Domain 6. Self-perception

Class 1. Self-concept
Hopelessness
Readiness for enhanced hope
Risk for compromised human dignity
Disturbed personal identity
Risk for disturbed personal identity
Readiness for enhanced self-concept

Class 2. Self-esteem
Chronic low self-esteem
Risk for chronic low self-esteem
Situational low self-esteem
Risk for situational low self-esteem

Class 3. Body image
Disturbed body image

NANDA Nursing Diagnosis Domain 7. Role relationship

Class 1. Caregiving roles
Caregiver role strain
Risk for caregiver role strain
Impaired parenting
Risk for impaired parenting
Readiness for enhanced parenting

Class 2. Family relationships
Risk for impaired attachment
Dysfunctional family processes
Interrupted family processes
Readiness for enhanced family processes

Class 3. Role performance
Ineffective relationship
Risk for ineffective relationship
Readiness for enhanced relationship
Parental role conflict
Ineffective role performance
Impaired social interaction

NANDA Nursing Diagnosis Domain 8. Sexuality

Class 1. Sexual identity
This class does not currently contain any diagnoses

Class 2. Sexual function
Sexual dysfunction
Ineffective sexuality pattern

Class 3. Reproduction
Ineffective childbearing process
Risk for ineffective childbearing process
Readiness for enhanced childbearing process
Risk for disturbed maternal-fetal dyad

NANDA Nursing Diagnosis Domain 9. Coping/stress tolerance

Class 1. Post-trauma responses
Risk for complicated immigration transition
Post-trauma syndrome
Risk for post-trauma syndrome
Rape-trauma syndrome
Relocation stress syndrome
Risk for relocation stress syndrome

Class 2. Coping responses
Ineffective activity planning
Risk for ineffective activity planning
Anxiety (Nursing Care Plan)
Defensive coping
Ineffective coping
Readiness for enhanced coping
Ineffective community coping
Readiness for enhanced community coping
Compromised family coping
Disabled family coping
Readiness for enhanced family coping
Death anxiety
Ineffective denial
Fear
Grieving
Complicated grieving
Risk for complicated grieving
Impaired mood regulation
Powerlessness
Risk for powerlessness
Readiness for enhanced power
Impaired resilience
Risk for impaired resilience
Readiness for enhanced resilience
Chronic sorrow
Stress overload

Class 3. Neurobehavioral stress
Acute substance withdrawal syndrome
Risk for acute substance withdrawal syndrome
Autonomic dysreflexia
Risk for autonomic dysreflexia
Decreased intracranial adaptive capacity
Neonatal abstinence syndrome
Disorganized infant behaviour
Risk for disorganized infant behaviour
Readiness for enhanced organized infant behavior

**NANDA Nursing Diagnosis Domain 10. Life principles**

**Class 1. Values**

This class does not currently contain any diagnoses

**Class 2. Beliefs**

Readiness for enhanced spiritual well-being

**Class 3. Value/belief/action congruence**

Readiness for enhanced decision-making
Decisional conflict
Impaired emancipated decision-making
Risk for impaired emancipated decision-making
Readiness for enhanced emancipated decision-making
Moral distress
Impaired religiosity
Risk for impaired religiosity
Readiness for enhanced religiosity
Spiritual distress
Risk for spiritual distress

**NANDA Nursing Diagnosis Domain 11. Safety/protection**

**Class 1. Infection**

Risk for infection
Risk for surgical site infection

**Class 2. Physical injury**

Ineffective airway clearance
Risk for aspiration
Risk for bleeding (Nursing Care plan)
Impaired dentition
Risk for dry eye
Risk for dry mouth
Risk for falls
Risk for corneal injury
Risk for injury
Risk for urinary tract injury
Risk for perioperative positioning injury
Risk for thermal injury
Impaired oral mucous membrane integrity
Risk for impaired oral mucous membrane integrity
Risk for peripheral neurovascular dysfunction
Risk for physical trauma
Risk for vascular trauma
Risk for pressure ulcer
Risk for shock
Impaired skin integrity (Nursing Care Plan)
Risk for impaired skin integrity
Risk for sudden infant death
Risk for suffocation
Delayed surgical recovery
Risk for delayed surgical recovery
Impaired tissue integrity
Risk for impaired tissue integrity
Risk for venous thromboembolism

**Class 3. Violence**

Risk for female genital mutilation
Risk for other-directed violence
Risk for self-directed violence
Self-mutilation
Risk for self-mutilation
Risk for suicide

Class 4. Environmental hazards

Contamination
Risk for contamination
Risk for occupational injury
Risk for poisoning

Class 5. Defensive processes

Risk for adverse reaction to iodinated contrast media
Risk for allergy reaction
Latex allergy reaction
Risk for latex allergy reaction

Class 6. Thermoregulation

Hyperthermia
Hypothermia
Risk for hypothermia
Risk for perioperative hypothermia
Ineffective thermoregulation
Risk for ineffective thermoregulation

NANDA Nursing Diagnosis Domain 12. Comfort

Class 1. Physical comfort

Impaired comfort
Readiness for enhanced comfort
Nausea
Acute pain
Chronic pain
Chronic pain syndrome
Labor pain

Class 2. Environmental comfort

Impaired comfort
Readiness for enhanced comfort

Class 3. Social comfort

Impaired comfort
Readiness for enhanced comfort
Risk for loneliness
Social isolation

NANDA Nursing Diagnosis Domain 13. Growth/development

Class 1. Growth

This class does not currently contain any diagnoses

Class 2. Development

Risk for delayed development